CPP DISABILITY MEDICAL REPORT (ISP-2519)

My health and work: notes for my medical report

For CPP Disability, Service Canada asks whether your condition stops you from working at any job on a regular basis, and whether it is long-term. Your healthcare professional's medical report is a big part of that answer. These notes help them describe what you can and can't do, not only your diagnosis.

How to use these notes

1. **Fill in sections 1 and 2 of the medical report first**
   Service Canada asks you to complete those two sections before you give form ISP-2519 to your healthcare professional.
2. **Describe effects, not only diagnoses**
   What you can't do, how often, what treatment you have tried and what happened. List every condition, including mental health.
3. **Keep your dates consistent**
   The date you became unable to work regularly should match across your application and these notes. It affects how far back payments can go.
4. **Bring it to the appointment**
   Give your healthcare professional Parts 1 to 3 along with the medical report form. They decide what to write. This page and Part 4 are for you.
5. **Keep a copy**
   You may want it again if Service Canada asks for more or you ask it to look at its decision again.

What Service Canada looks at

- Your condition stops you from working at any job on a regular basis. The law's words are "incapable regularly of pursuing any substantially gainful occupation" (Canada Pension Plan, s.42(2)).
- It is long-term and not expected to get better, or it is likely to result in death.
- You paid into the CPP in 4 of the last 6 years, or 3 of the last 6 if you have contributed for 25 years or more.
- Service Canada pays up to $175 to your healthcare professional for filling out the medical form. If they charge more, you pay the difference.
- Service Canada aims to decide within 120 calendar days. It aims for 5 business days for a terminal illness and 30 calendar days for a grave condition.

This is not a Service Canada form and it doesn't replace one. It is for you and your healthcare professional. If you paid into the Quebec Pension Plan, you may need to apply to Retraite Québec instead.

PART 1

My health

Your name

Healthcare professional and appointment date

Your conditions, and when each began

Include mental health. Add a short note if you don't have a diagnosis yet.

	Condition or diagnosis	Began (month, year)
1		
2		
3		
4		
5		

When you became unable to work regularly

Month and year, as best you know.

Treatments you have tried, and what happened

Medication, therapy, surgery, devices. Did it help? Side effects?

Specialists, tests and hospital stays

Who, when, and what they found, if you know.

What your healthcare professionals have told you about the future

For example, whether it is expected to improve.

PART 2

My work

Your last job

Your last day of work

Why you stopped working, or what you had to change
Fewer hours, lighter duties, time off, accommodations that didn't work.

Times you tried to go back to work or do lighter work, and what happened

Your education and training, and other kinds of work you have done
Service Canada considers whether you could do any job, not only your last one.

PART 3

What I can and can’t do

What your condition makes hard

Tick everything that applies, then give details below.

- ☐ Sitting for long
- ☐ Standing
- ☐ Walking
- ☐ Lifting or carrying
- ☐ Using your hands
- ☐ Concentrating
- ☐ Remembering
- ☐ Keeping a regular schedule
- ☐ Dealing with people or stress
- ☐ Getting to and from work
- ☐ Sleep or fatigue
- ☐ Pain
- ☐ Side effects of treatment

How long you can sit, stand, walk or concentrate before you have to stop

A good day

What you can do on a good day, and what it costs you afterwards.

A bad day, and how many bad days you have

In a typical week or month.

Help you need from other people at home

PART 4

At the appointment, and after

Questions you may want to ask

- [ ] Can you describe what I can and can't do, not only my diagnosis?
- [ ] Do you agree with the date I became unable to work?
- [ ] Will you send the report back to me, or straight to Service Canada?
- [ ] Will you charge more than the $175 Service Canada pays?

Notes from the appointment

After the appointment

1. **Apply**
   Online through your My Service Canada Account, where you also upload the signed consent form (ISP-2502), or on paper with form ISP-1151.
2. **Send the medical report**
   If your healthcare professional gives it back to you, upload it in your account or mail it.
3. **Keep copies**
   Of everything you send, and the date and way you sent it.
4. **If Service Canada says no**
   Ask for a reconsideration within 90 days of receiving the decision letter: online, with form ISP-1145, or by letter. If that is refused, you have 90 days to appeal to the Social Security Tribunal. The "turned down" guide is at wisebenefits.ca/kit.

Free help

- Disability Alliance BC, and community legal clinics in other provinces, help with CPP Disability applications and appeals at no charge. A list with links is at wisebenefits.ca/#free-help.
- You can represent yourself at the Social Security Tribunal.

About these notes: they come from wisebenefits.ca, a free information website. It is not the CRA or Service Canada. This is general information, not medical or legal advice. Checked against Service Canada sources on November 6, 2026.